



The
Nearly Naked
veg company

Our farm, your table, no fuss



Broad Beans



Fresh Broad Beans



Knob of butter



Salt and pepper to season

These are best off totally simple. Firstly pod the beans and discard the shells. Then, cook for 2 minutes in lightly salted boiling water. Drain, then stir through some melted butter. Season with salt and pepper then you're done. I could almost eat them as a meal in themselves.

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